



**CARDIOLOGY
ASSOCIATES, P.C.**

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PATIENT NAME: _____ DOB: _____

REFERRING PHYSICIAN: _____

(Signature needed for Medicare consultations)

INDICATION FOR STUDY: _____

DATE OF TESTING: _____

PLEASE PERFORM

SPECIAL INSTRUCTIONS

- ____ Consultation
- ____ 30-Day Event Recorder
- ____ 24-Hr. Holter Monitor

ULTRASOUND

- ____ 2-Dimensional Doppler Echocardiogram
- ____ Exercise Stress Echocardiogram
- ____ Carotid Duplex Ultrasound
- ____ Lower Extremity **Arterial** Ultrasound *(Please specify left, right or both)*
- ____ Lower Extremity **Venous** Ultrasound *(Please specify left, right or both)*
- ____ Ankle Brachial Index (ABI)

STRESS TEST

- ____ Exercise Treadmill Test
- ____ Exercise Treadmill Test w/Nuclear Testing
- ____ Pharmacologic Stress Test w/Nuclear Testing
- ____ Dobutamine Stress Test (for patients with severe COPD) w/Nuclear Testing

REFERRING PHYSICIAN: PATIENT'S INSURANCE REFERRALS MUST BE SPECIFIC FOR TEST NOTED ABOVE OR PATIENT WILL BE RESCHEDULED.

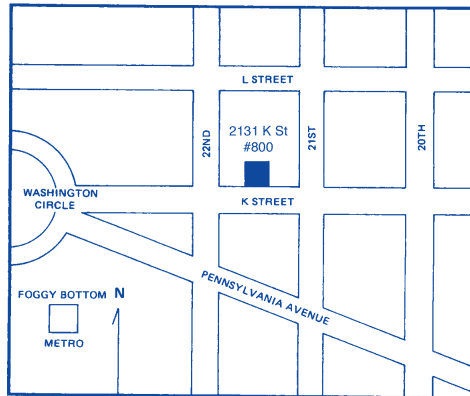
PATIENT INSTRUCTIONS ON REVERSE SIDE

THIS IS NOT AN INSURANCE REFERRAL.

TEST ORDER FORM MUST ACCOMPANY PATIENT.

INSTRUCTIONS FOR ALL STRESS TESTING

1. Please wear loose clothing (pants or shorts, short-sleeved tops with no metal buttons or metal zippers) and comfortable walking shoes. Avoid one-piece outfits or dresses. Women should wear a bra without underwires. Do not apply oils or lotion on the chest area.
2. No caffeinated or decaffeinated coffee or tea, and no chocolate is allowed 24 hours prior to your appointment. Caffeine-free sodas are permitted.
3. You may have a light meal up to three hours prior to the test. If you have scheduled an early test, you may bring a light snack to eat after the stress portion of the test has been completed.
4. Please bring a complete list of your medications with current dosages to your appointment.
5. Take your medications as you normally do *unless* otherwise instructed by your personal physician.
6. Please arrive fifteen minutes prior to your appointment with a referral from your primary care physician, if required by your insurance company.



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HOURS OF OPERATION

Monday through Friday,

8 am - 4 pm