



www.heartcapc.com

106 Irving Street, N.W., Suite 4800N
Washington, DC 20010
(202) 726-5484 • Fax (202) 726-4587

Edward I. Morris, M.D.
Stuart F. Seides, M.D.
Benjamin I. Lee, M.D.
Reginald L. Robinson, M.D.
Bernard M. Wagman, M.D.
Allison W. Richardson, M.D.

PATIENT NAME: _____ AGE: _____

REFERRING PHYSICIAN: _____
(Signature needed for Medicare consultations)

INDICATION FOR STUDY: _____

DATE OF TESTING: _____

SPECIAL INSTRUCTIONS

PLEASE PERFORM

- Consultation
- 30-Day Event Recorder
- 24-Hr. Holter Monitor

ULTRASOUND

- 2-D/Doppler Echocardiogram
- Stress Echocardiogram
- Carotid Duplex
- Peripheral Arterial: Arm / Leg
- Peripheral Venous: Arm / Leg

STRESS TEST

- Exercise Treadmill Test
- Exercise Treadmill Test w/Nuclear Testing
- Adenosine/Persantine Stress Test w/Nuclear Testing
- Dobutamine Stress Test (for patients with severe COPD)
w/Nuclear Testing

REFERRING PHYSICIAN: PATIENT'S INSURANCE REFERRALS MUST BE SPECIFIC FOR TEST NOTED ABOVE OR PATIENT WILL BE RESCHEDULED.

PATIENT INSTRUCTIONS ON REVERSE SIDE

THIS IS NOT AN INSURANCE REFERRAL.

INSTRUCTIONS FOR ALL STRESS TESTING

1. Please wear loose clothing (pants or shorts, short-sleeved tops with no metal buttons or metal zippers) and comfortable walking shoes. Avoid one-piece outfits or dresses. Women should wear a bra without underwires. Do not apply oils or lotion on the chest area.
2. No caffeinated beverages including soft drinks, no chocolate, no decaffeinated coffee or tea is allowed 24 hours prior to your appointment.
3. You may have a light meal up to three hours prior to the test. If you have scheduled an early test, you may bring a light snack to eat after the stress portion of the test has been completed.
4. Please bring a complete list of your medications with current dosages to your appointment.
5. Take your medications as you normally do *unless* otherwise instructed by your personal physician.
6. Please arrive fifteen minutes prior to your appointment with a referral from your primary care physician, if required by your insurance company.

CARDIOLOGY ASSOCIATES, P.C.

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HOURS OF OPERATION

Monday through Friday, 8 am - 4 pm

DIRECTIONS TO OUR OFFICE AT THE WASHINGTON HOSPITAL CENTER(WHC)

FROM POINTS SOUTH: FROM I-395:

Follow 395 North and take the D STREET EXIT. At the end of the tunnel make a right onto D Street. Keep straight to North Capitol Street. Make a left onto North Capitol Street. Follow North Capitol to Channing Street. Make a left turn onto Channing Street. Keep straight to First Street and make a right onto First Street. Keep straight onto the WHC Campus. Make a left at the second stop sign. The Physicians Office Building is the first building on the left.

FROM POINTS NORTH:

FROM THE SILVER SPRING

AREA: Take Georgia Avenue towards DC. Make left onto Harvard Street. Follow traffic signal towards the left. Make a right onto Michigan Avenue. At the first traffic signal make a left onto First Street (the WHC Campus). Make a left at the second stop sign. The Physicians Office Building is the first building on the left.

