



**CARDIOLOGY
ASSOCIATES, P.C.**

www.HeartCAPC.com

4175 N. Hanson Court, Suite 100
Bowie, MD 20716
(301) 809-6880 • (410) 741-1835 • Fax (301) 805-4233

James W. Ross, M.D., F.A.C.P., F.A.C.C.
John J. Kennedy, M.D., F.A.C.C.
William C. Maxted, Jr., M.D.
Reginald L. Robinson, M.D.
Stephanie S. Jacobs, M.D.

PATIENT NAME: _____ AGE: _____

REFERRING PHYSICIAN: _____
(Signature needed for Medicare consultations)

INDICATION FOR STUDY: _____

CALL RESULTS TO: _____ FAX: _____

TESTING SCHEDULED FOR: Day _____ Date _____ at _____
(M-F) AM
PM

PLEASE PERFORM

SPECIAL INSTRUCTIONS

- ____ Consultation
- ____ 30-Day Event Recorder
- ____ 24-Hr. Holter Monitor

ULTRASOUND

- ____ 2-Dimensional/Doppler Echocardiogram

VASCULAR ULTRASOUND

- ____ Carotid Duplex Ultrasound

STRESS TEST

- ____ Exercise Treadmill Test
- ____ Exercise Treadmill Test w/Nuclear Testing
- ____ Pharmacologic Stress Test w/Nuclear Testing
- ____ Dobutamine Stress Test (for patients with severe COPD)
w/Nuclear Testing

REFERRING PHYSICIAN: PATIENT'S INSURANCE REFERRALS MUST BE SPECIFIC FOR TEST NOTED ABOVE OR PATIENT WILL BE RESCHEDULED.

PATIENT INSTRUCTIONS ON REVERSE SIDE

THIS IS NOT AN INSURANCE REFERRAL.

INSTRUCTIONS FOR ALL STRESS TESTING

1. Please wear loose clothing (pants or shorts, short-sleeved tops with no metal buttons or metal zippers) and comfortable walking shoes. Avoid one-piece outfits or dresses. Women should wear a bra without underwires. Do not apply oils or lotion on the chest area.
2. No caffeinated or decaffeinated coffee or tea, and no chocolate is allowed 24 hours prior to your appointment. Caffeine-free sodas are permitted.
3. You may have a light meal up to three hours prior to the test. If you have scheduled an early test, you may bring a light snack to eat after the stress portion of the test has been completed.
4. Please bring a complete list of your medications with current dosages to your appointment.
5. Take your medications as you normally do *unless* otherwise instructed by your personal physician.
6. Please arrive fifteen minutes prior to your appointment with a referral from your primary care physician, if required by your insurance company.

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HOURS OF OPERATION

Monday through Friday, 8 am - 4 pm

DIRECTIONS TO OUR OFFICE

FROM WASHINGTON BELTWAY take Route 50 East to exit 11, (Route 197 /Collington Road). At end of exit ramp, bear to right proceeding South on Route 197. Take left at third light onto Mitchellville Road. Take first right onto Heritage Boulevard. Turn left onto North Hanson Court. Proceed straight ahead into parking lot.

FROM ANNAPOLIS take Route 50 West to exit 13A (301 South toward Richmond). Proceed South on Route 301 to the second light. Turn right onto Heritage Boulevard. Take first right onto North Hanson Court. Proceed straight ahead into parking lot.