



CARDIOLOGY ASSOCIATES, P.C.

www.heartcapc.com

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Sajak Pavilion, 2002 Medical Parkway, Suite 500
Annapolis, MD 21401
(410) 573-6480 • (301) 261-1272
Fax (410) 573-9413

PATIENT NAME: _____ AGE: _____

REFERRING PHYSICIAN: _____
(Signature needed for Medicare consultations)

INDICATION FOR STUDY: _____

CALL RESULTS TO: _____ FAX: _____

TESTING SCHEDULED FOR: Day _____ Date _____ at _____
(M-F) (M-F) AM PM

PLEASE PERFORM Special Instructions: _____

- _____ Consultation _____
- _____ 30-Day Event Recorder _____
- _____ 24-Hr. Holter Monitor _____

ULTRASOUND _____

- _____ 2-Dimensional/Doppler Echocardiogram
- _____ Bubble Study

STRESS TEST

- _____ Exercise Treadmill Test
- _____ Exercise Treadmill Test w/Nuclear Testing
- _____ Pharmacologic Stress Test w/Nuclear Testing
- _____ Dobutamine Stress Test (for patients with severe COPD) w/Nuclear Testing

REFERRING PHYSICIAN: PATIENT'S INSURANCE REFERRALS MUST BE SPECIFIC FOR TEST NOTED ABOVE OR PATIENT WILL BE RESCHEDULED.

PATIENT INSTRUCTIONS ON REVERSE SIDE

THIS IS NOT AN INSURANCE REFERRAL.

INSTRUCTIONS FOR ALL STRESS TESTING

1. Please wear loose clothing (pants or shorts, short-sleeved tops with no metal buttons or metal zippers) and comfortable walking shoes. Avoid one-piece outfits or dresses. Women should wear a bra without underwires. Do not apply oils or lotion on the chest area.
2. No caffeinated or decaffeinated coffee or tea, and no chocolate is allowed 24 hours prior to your appointment. Caffeine-free sodas are permitted.
3. You may have a light meal up to three hours prior to the test. If you have scheduled an early test, you may bring a light snack to eat after the stress portion of the test has been completed.
4. Please bring a complete list of your medications with current dosages to your appointment.
5. Take your medications as you normally do *unless* otherwise instructed by your personal physician.
6. Please arrive fifteen minutes prior to your appointment with a referral from your primary care physician, if required by your insurance company.

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HOURS OF OPERATION

Monday through Friday, 8 am - 4 pm

DIRECTIONS TO OUR OFFICE

FROM BOWIE, CROFTON, ODENTON take Rt. 50 East to Parole exit (Exit 23). Take a right on West Street and another right onto Jennifer Road. Drive approximately one mile and take a left on Medical Parkway. Turn left to enter the Sajak Pavilion parking garage.

FROM EASTERN SHORE, SEVERNA PARK, ARNOLD take Route 50 West to Jennifer Road exit (Exit 23A). Stay in the right-hand lane. Go through the traffic light to enter the Medical Park on Medical Parkway. Turn left to enter the Sajak Pavilion parking garage.